



SAUMYA SCIENCE & RESEARCH FOUNDATION



Table of Content

<u>OUR COMPANY</u>	03
<u>WORDS FROM DIRECTOR- ER. VIVEK DWIVEDI</u>	04
<u>MESSAGE FROM DIRECTOR-MR. RAVI KARTIKEYA DUBEY</u>	05
<u>MESSAGE FROM DIRECTOR-MR. VIKAS DWIVEDI</u>	06
<u>VISION & MISSION</u>	07
<u>NASHA MUKTI ABHIYAAN</u>	08
<u>FREE DRINKING WATER INITIATIVE</u>	09
<u>WOMEN & CHILD DEVELOPMENT PROGRAMS</u>	10
<u>HEALTH & NUTRITION INTERVENTIONS</u>	11
<u>YOUTH & LIVELIHOOD PROGRAMS</u>	12
<u>TRAINING, DOCUMENTATION & COMMUNICATION</u>	13
<u>EMERGENCY RESPONSE TRAINING FOR UNDERSERVED COMMUNITIES</u>	14
<u>HOSTING DIGITAL SKILLS BOOTCAMPS</u>	15
<u>NUTRITION AND FITNESS PROGRAMS IN UNDERSERVED AREAS</u>	16
<u>NEIGHBORHOOD REVITALIZATION</u>	17
<u>EDUCATION INITIATIVE</u>	18
<u>RESEARCH INITIATIVE</u>	19
<u>RURAL SPORTS REVIVAL INITIATIVE</u>	20
<u>CERTIFICATES</u>	21
<u>SOME GIMPS OF OUR WORK</u>	22
<u>OUR ACHIEVEMENTS</u>	23-24
<u>FUTURE OUTLOOK</u>	25
<u>CONTACT US</u>	26

Our Company



Saumya Science and Research Foundation (SSARF) is a not-for-profit organization registered as a Section 8 Company under the Companies Act, 2013, founded on 3rd February 2022 by Er. Vivek Dwivedi with a vision to serve society through evidence-based interventions in the fields of education, healthcare, skill development, and social empowerment.

Our foundation was established with the core belief that science, research, and compassion can together pave the way for sustainable and inclusive development. Operating primarily at the grassroots level, we engage with underprivileged communities, government institutions, and development stakeholders to bring tangible improvements in people's lives.

We focus on addressing systemic challenges through targeted programs, strategic partnerships, community mobilization, and capacity-building initiatives. SSARF works across multiple domains including:

- Early childhood care and development
- Health and nutrition
- School and adult education
- Women's empowerment and orientation
- Youth skill development and vocational training
- Livelihood promotion and entrepreneurship
- Grassroots documentation and communication tools
- Field research and development studies

Message from The Director– Er. Vivek Dwivedi



When we started Saumya Science and Research Foundation, the vision was simple—to take knowledge, awareness, and opportunity to the very last person in society. I have always believed that real development happens when science, education, and social responsibility reach the grassroots—to people in rural villages, small towns, and overlooked communities.

Through our work in health camps, science awareness, environmental initiatives, and education programs, we've seen how even small efforts can bring real change. A student attending our free coaching classes in a remote village, a woman trained in basic first aid, or a child learning about hygiene for the first time—these are the stories that keep us going.

We don't claim to have all the answers, but we believe in walking shoulder to shoulder with the community—learning, adapting, and solving problems together. As we grow, our commitment is to deepen our impact, expand our outreach, and ensure that no one is left behind due to a lack of information or opportunity.

I invite you—whether you are an individual, volunteer, partner, or institution—to join hands with us in this journey. Together, let's build a future where every life is valued, every child has access to learning, and every community is empowered to stand on its own.

Warm regards.

Er. Vivek Dwivedi

Director

Saumya Science and Research Foundation

Message from The Director—Mr. Ravi Kartikeya Dubey

At Saumya Science and Research Foundation, our journey has always been rooted in one core belief—that knowledge and compassion must reach those who need it the most. In a country as vast and diverse as India, millions still lack access to basic health services, quality education, and scientific awareness. This gap is not just a challenge; it's our responsibility to bridge it.

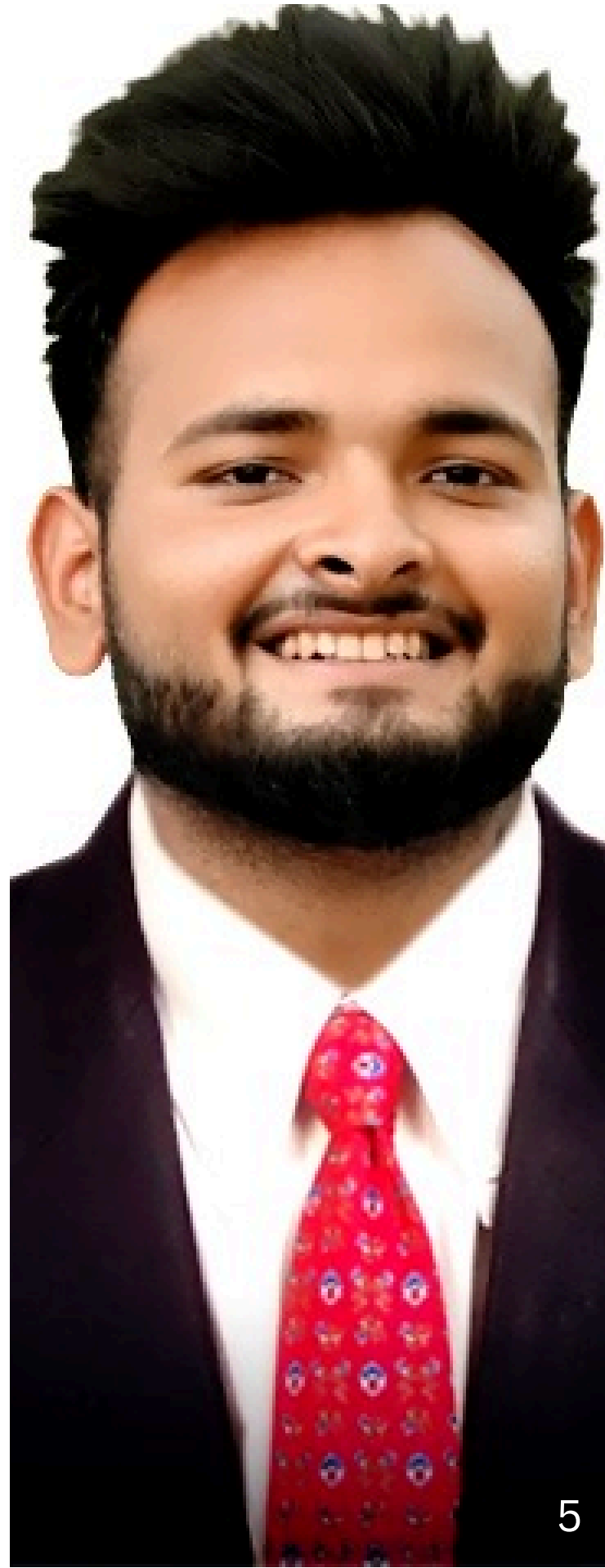
My involvement with the Foundation stems from a deep personal commitment to inclusive development. Over the years, I have witnessed how even a single awareness camp, a health check-up drive, or a small classroom in a rural area can spark hope and change lives. These experiences remind us that progress is not always about big infrastructure—sometimes, it's about showing up, listening, and acting with sincerity. We are particularly proud of our focus on empowering women, youth, and children—helping them become active participants in their own development. Whether it's through emergency response training, free coaching classes, or scientific awareness initiatives, our aim is to build communities that are resilient, informed, and self-reliant.

Warm regards.

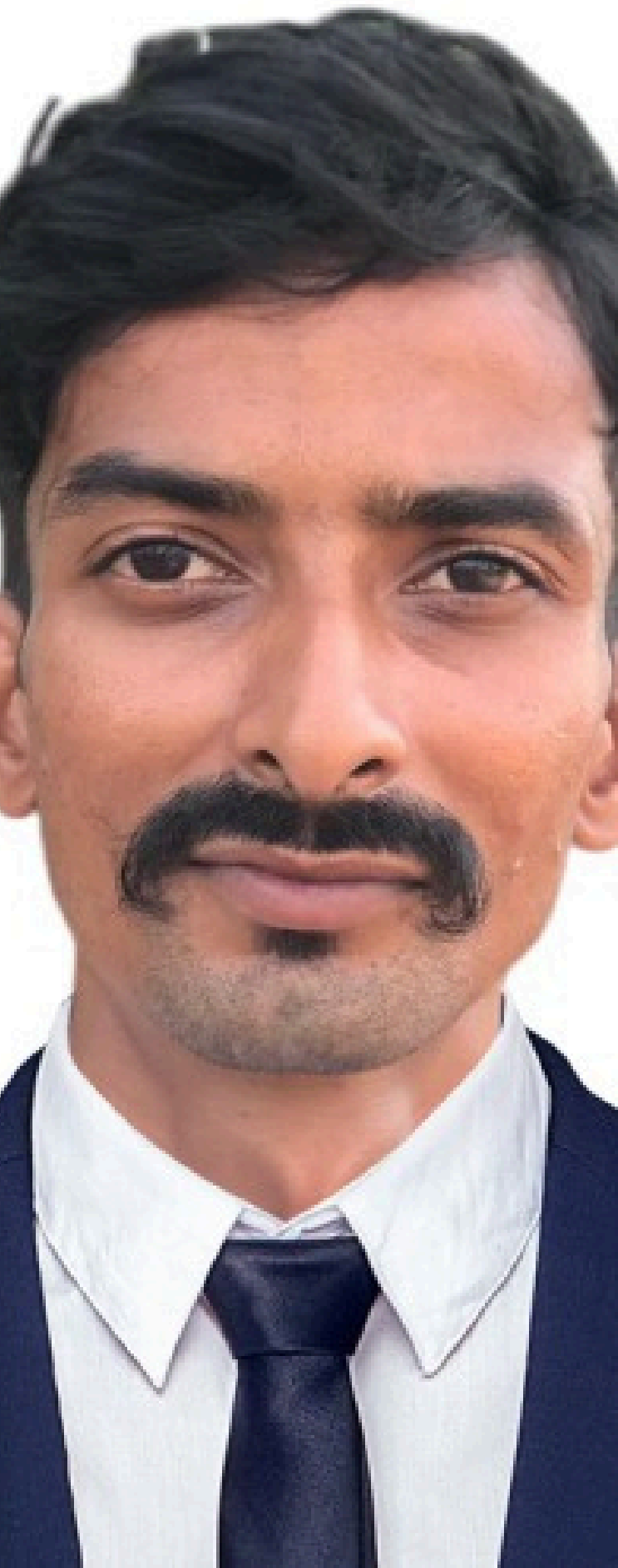
Mr. Ravi Kartikeya Dubey

Director

Saumya Science and Research Foundation



Message from The Director—Mr. Vikas Dwivedi



At Saumya Science and Research Foundation, our work is guided by one simple principle—real change begins at the grassroots. Over the years, I've had the opportunity to directly engage with people in rural and underserved communities, and what I've learned is that even small interventions—when done sincerely—can have a lasting impact.

Whether it's a health camp in a remote village, an awareness program for school children, or training sessions for youth and women, our goal remains the same: to empower people with knowledge, confidence, and the tools to improve their lives.

What sets our organization apart is our deep connection with the field. We don't work from a distance—we work with people, in their local language, with respect for their realities. That's what makes our programs not only effective but meaningful.

I believe strongly in the power of collaboration and community involvement. True development is not something we deliver—it is something we build together, step by step.

As we continue to grow, my hope is to see Saumya Science and Research Foundation reach more villages, impact more lives, and inspire more people to become part of this journey of service, awareness, and upliftment.

Warm regards.

Mr. Vikas Dwivedi

Director

Saumya Science and Research Foundation

Vision & Mission



VISION

- To build clean, safe, and inclusive communities across rural and urban areas.
- To ensure that every family lives in a healthy and dignified environment.
- To promote sustainable living through eco-friendly neighborhood design.
- To create vibrant community spaces for education, health, and social bonding.
- To reduce inequality by upgrading underserved neighborhoods.
- To inspire community pride and ownership in local development.
- To empower local youth and women as agents of neighborhood change.
- To foster environmental consciousness through green and clean initiatives.
- To enable integrated development where infrastructure meets human needs.
- To create model neighborhoods that set benchmarks in rural revitalization.

MISSION

- Improve sanitation, drainage, roads, and lighting in low-income areas.
- Launch cleanliness drives and waste management systems with community support.
- Establish community centers for digital learning, health, and skills.
- Promote kitchen gardens, tree plantations, and eco-parks within localities.
- Renovate schools and Anganwadi centers to become child-friendly spaces.
- Run fitness, health, and nutrition programs for all age groups.
- Facilitate skill training and livelihood support for youth and women.
- Build strong local partnerships with panchayats, schools, and SHGs.
- Encourage civic engagement through community volunteers and leaders.

NASHA MUKTI ABHIYAAN



A Substance abuse is a growing concern in India, especially in rural, tribal, and low-income communities, where lack of awareness, unemployment, and mental stress often lead youth and even children toward addiction. Alcohol, tobacco, and synthetic drugs not only destroy lives but also cripple families, damage productivity, and increase crime.

At Saumya Science and Research Foundation, we are committed to ending the cycle of addiction through our Nasha Mukti Abhiyaan, a community-driven campaign focused on prevention, rehabilitation, and behavioral change.

Objectives

- Create awareness about the dangers of drug and alcohol abuse.
- Promote healthy lifestyle choices among youth and families.
- Support individuals and families affected by addiction.
- Collaborate with schools, police, health officials, and rehab centers.
- Create safe, addiction-free environments in villages and urban slums.

Key Activities

1. Awareness Camps & Street Plays

- Organize Nukkad Nataks (street theatre), rallies, and school programs.
- Use real stories, visual displays, and interactive sessions.
- Focus on youth, parents, and community elders.

2. Workshops in Schools & Colleges

- Conduct sessions on peer pressure, stress, and decision-making skills.
- Promote drug resistance skills and positive role models.

3. Counseling & Referral Support

- Provide one-on-one counseling, especially for youth and families at risk.
- Refer serious cases to de-addiction centers and mental health support networks.

4. Community Mobilization

- Create youth clubs to promote sports, arts, and healthy hobbies.
- Identify and train local volunteers and influencers as anti-drug champions.
- Promote anti-addiction pledges during festivals and public gatherings.

FREE DRINKING WATER INITIATIVE



Access to safe and clean drinking water remains a major challenge in many rural and low-income urban areas of India. Contaminated water leads to widespread illnesses, especially among children and the elderly, while water scarcity increases the burden on women who travel long distances daily to fetch water.

At Saumya Science and Research Foundation, we believe that clean drinking water is not a luxury—it is a necessity and a right. Our Free Drinking Water Initiative is committed to ensuring that every community we serve has reliable access to safe, potable water, especially in water-stressed regions.

Objectives

- Provide free access to safe drinking water in underserved rural and peri-urban areas.
- Reduce the incidence of water-borne diseases through improved water quality.
- Promote community awareness on water hygiene and conservation.
- Support the installation and maintenance of sustainable water systems.
- Alleviate the burden on women and children responsible for water collection.

Key Activities

1. Installation of Water Purifiers
2. Hand Pump Restoration & Borewell Support

WOMEN & CHILD DEVELOPMENT PROGRAMS



At Saumya Science and Research Foundation, we believe that empowering women and nurturing children is key to building a healthier, more equitable society. Our programs focus on holistic development, health awareness, skill building, and institutional strengthening to ensure long-term impact in communities.

Women Empowerment Initiatives:

- Orientation for Mahila Arogya Samiti (MAS) Members
- We equip MAS members with essential knowledge on health rights, sanitation, nutrition, and government health schemes. These trained women serve as local advocates and change-makers within their communities.
- Sahyogini Matri Samiti Orientation
- Through capacity-building workshops, we strengthen the participation of maternal committees in ensuring effective delivery of maternal and child healthcare services at grassroots levels.
- Vocational Training for Livelihood
- We provide hands-on vocational training tailored to rural women—enabling them to generate income and become self-reliant. These include tailoring, food processing, handicrafts, and more.
- Gaumutra & Cow Product Training
- SSARF promotes indigenous knowledge systems through training programs on sustainable use of cow-based products for income generation, health, and ecological benefits.
- Staff Welfare & Women's Leadership
- We ensure regular sessions on mental well-being, leadership, and stress management for female staff and field workers to enhance workplace harmony and productivity.

HEALTH & NUTRITION INTERVENTIONS



At Saumya Science and Research Foundation, health is not just the absence of illness—it's the foundation of human development. Our health and nutrition interventions are community-driven, preventive in nature, and aligned with national health goals. We focus on vulnerable populations including women, children, and marginalized groups, ensuring that no one is left behind.

Community Health Programs:

- Health Awareness & Medical Check-up Camps
- Regular camps are organized in villages, urban slums, and remote areas to provide free check-ups, health consultations, and basic medications. These camps also focus on health education and early detection of diseases.
- ASHA Worker Training Programs
- Accredited Social Health Activists (ASHAs) are frontline health workers. We conduct refresher and advanced trainings for ASHAs to improve their knowledge of maternal-child health, immunization, nutrition, and first aid.
- First Aid Training
- Basic first aid training is given to community volunteers, youth, and schoolteachers, equipping them to respond during emergencies and reduce health-related risks in rural areas.
- IEC Material Development (Information, Education, Communication)
- We design culturally relevant IEC materials (charts, booklets, wall art, videos) to spread awareness about hygiene, nutrition, family planning, menstrual health, and lifestyle diseases.

Nutrition-Focused Initiatives:

- Nutritional Awareness for Mothers & Children
- We organize sessions on balanced diets, breastfeeding, weaning foods, and anemia prevention—particularly targeting young mothers and adolescent girls.
- Anganwadi Strengthening & Monitoring
- By collaborating with Anganwadi centers, we monitor nutrition delivery under ICDS and help improve mid-day meals and supplementary nutrition for children and lactating mothers.

YOUTH & LIVELIHOOD PROGRAMS



At Saumya Science and Research Foundation, we believe that empowering youth with skills, purpose, and opportunity is key to driving sustainable change. Our livelihood programs are designed to promote self-reliance, employment readiness, and entrepreneurship—especially in underserved and rural communities.

Skill Development & Vocational Training:

- Village-Level Vocational Training Programs
- We offer customized, practical skill-building courses in areas like tailoring, electrical repair, computer basics, handicrafts, and organic farming. These trainings enable youth and women to start income-generating activities or seek formal employment.
- Internship Training & Exposure Visits
- SSARF provides structured internships and field exposure opportunities for students, professionals, and grassroots workers to understand rural development challenges and co-create solutions through hands-on learning.
- Workshops on Innovation: 'Kabaad se Jugaad'
- We organize creativity-driven workshops where participants learn to convert waste materials into useful products—promoting sustainability, environmental awareness, and entrepreneurship.
- Cow Product-Based Enterprise Training
- Youth are trained in making and marketing traditional products like cow-dung diyas, incense sticks, and organic fertilizers, creating eco-friendly livelihood options rooted in indigenous knowledge.

TRAINING, DOCUMENTATION & COMMUNICATION



At Saumya Science and Research Foundation, we recognize that strong systems of training, documentation, and communication are the backbone of effective development work. We invest in building the capacities of our teams, volunteers, and community stakeholders, while also creating well-documented resources and impactful communication tools that enhance transparency, learning, and outreach.

Capacity Building & Training:

- Volunteer & Staff Training
- We regularly conduct orientation, refresher, and skill-based training sessions for our coordinators, field workers, and volunteers. These sessions cover technical knowledge, soft skills, community engagement strategies, and rights-based approaches.
- ASHA, Anganwadi, and Committee Trainings
- Specialized training modules are designed for ASHA workers, Anganwadi staff, and members of Mahila Arogya and Sahyogini Matri Samitis, enhancing their functional capacity, leadership, and service delivery effectiveness.
- First Aid & Emergency Response
- We provide hands-on training in basic first aid and emergency health practices to local volunteers and staff to increase resilience in remote or underserved communities.

Documentation & Knowledge Management:

- Field Documentation & Reporting
- Accurate field data collection, case studies, photographic evidence, and narrative reports are integral to our work. These not only help in monitoring and evaluation but also in refining program strategies.
- Best Practices & Learnings
- We document innovative practices, success stories, and community-led initiatives as models for replication and learning across regions and partners.
- Annual & Impact Reports
- SSARF publishes annual reports and detailed documentation of activities, showcasing transparency, accountability, and progress toward our mission.

EMERGENCY RESPONSE TRAINING FOR UNDERSERVED COMMUNITIES



Building Resilience, Saving Lives

Disasters—whether natural or man-made—often hit the most vulnerable the hardest. In underserved rural and semi-urban areas, limited access to healthcare, information, and infrastructure amplifies the risks during emergencies such as floods, fires, road accidents, heatwaves, or pandemics.

At Saumya Science and Research Foundation, we believe that preparedness is the first step toward protection. Our Emergency Response Training Program equips communities—especially women, youth, school staff, ASHA workers, and local volunteers—with the knowledge and practical skills to respond effectively in times of crisis.

Objectives

- To build local capacity to respond to emergencies quickly and efficiently.
- To reduce the loss of life, injury, and damage during disasters.
- To promote a culture of preparedness and self-reliance in high-risk or low-resource communities.
- To link community-level action with government disaster management frameworks.

Key Training Components

1. First Aid & Basic Life Support (BLS)
 - Wound care, CPR, fracture handling, bleeding control
 - Snakebite, burns, and electrocution response
2. Fire Safety & Evacuation Procedures
 - Use of fire extinguishers
 - Evacuation drills and crowd control
3. Flood and Drought Response
 - Early warning signs, safe shelter planning
 - Waterborne disease prevention
4. Pandemic & Public Health Emergency Training
 - Hygiene and infection control
 - Use of masks, gloves, and emergency kits
5. Road Safety and Accident Response
 - Scene management and victim safety
 - Calling for help and coordinating transport
6. Community-Led Disaster Risk Reduction (DRR)
 - Hazard mapping of villages
 - Developing local emergency response teams

HOSTING DIGITAL SKILLS BOOTCAMPS



Bridging the Digital Divide in Rural and Underserved Communities

In an increasingly digital world, access to technology is no longer a luxury—it's a necessity. Yet, in many rural and marginalized communities, digital illiteracy remains a major barrier to education, employment, and empowerment.

To address this gap, Saumya Science and Research Foundation organizes Digital Skills Bootcamps designed to equip youth, women, and job seekers with essential 21st-century digital skills that can open up new pathways for learning, income, and self-reliance.

Objectives

- To reduce the urban-rural digital divide by promoting basic to intermediate digital literacy.
- To empower youth with job-relevant tech skills like data entry, online research, MS Office, and digital communication.
- To help women, self-help groups (SHGs), and micro-entrepreneurs leverage digital tools for financial inclusion and e-commerce.
- To prepare participants for online learning, digital banking, e-governance, and remote work opportunities.

What We Teach

Foundational Digital Skills

- Using smartphones, tablets, and computers
- Internet browsing, online safety, and cyber hygiene
- Creating and using email, documents, and spreadsheets

Workplace & Career Skills

- Typing, data entry, and MS Office tools
- Resume writing and job portal navigation
- Video conferencing tools (Zoom, Google Meet)
- Intro to freelancing platforms and remote work basics

Digital Empowerment for Daily Life

- Accessing government schemes online
- Digital payments (UPI, Paytm, BHIM, etc.)
- Using apps for farming, education, and healthcare

Special Focus for Women & Youth

- Running home-based businesses using social media
- Promoting local products on WhatsApp, Facebook, and Instagram
- Online safety and digital rights awareness

NUTRITION AND FITNESS PROGRAMS IN UNDERSERVED AREAS



Nutrition and Fitness Programs in Underserved Areas

Fighting Malnutrition and Promoting Healthy Living in Rural Communities

In many underserved areas across India, poor nutrition and limited awareness of fitness lead to a rise in health problems such as malnutrition, anemia, stunted growth, lifestyle diseases, and reduced productivity. For women, children, and the elderly in particular, the lack of balanced diets and regular physical activity can result in long-term health risks.

To address these challenges, Saumya Science and Research Foundation has initiated Nutrition and Fitness Programs to promote healthy, active, and informed lifestyles among rural and marginalized communities.

Program Objectives

- To combat malnutrition and food insecurity, especially among children and women.
- To spread awareness about balanced diets, local nutrition, and affordable food choices.
- To introduce fitness routines and lifestyle education suited to all age groups.
- To prevent non-communicable diseases (NCDs) like diabetes, hypertension, and obesity.

Key Focus Areas

Nutrition Awareness & Intervention

- Sessions on balanced diets using locally available food
- Identifying signs of malnutrition and micronutrient deficiencies
- Promoting traditional Indian superfoods like millets, pulses, leafy greens, and seasonal fruits
- Special focus on maternal and child nutrition, iron and folic acid supplementation

Fitness and Physical Activity

- Group yoga and stretching sessions in villages and schools
- Basic exercise routines for children, women, and elderly
- Training school children and youth in sports and physical games
- Encouraging daily movement over sedentary habits

Health Screening and Counseling

- BMI and nutritional status assessment camps
- One-on-one diet counseling and follow-up for high-risk individuals
- Collaboration with local health workers (ASHA/ANM) and ICDS centers

Targeted Programs for Children and Adolescents

- School-based nutrition talks and healthy tiffin drives
- Midday meal enhancement suggestions using local resources
- Workshops on mental health, screen time, and body image issues

NEIGHBORHOOD REVITALIZATION



Many low-income neighborhoods in India face challenges like deteriorating infrastructure, poor sanitation, lack of green spaces, limited access to education and healthcare, and minimal community participation. At Saumya Science and Research Foundation, we believe that empowering a neighborhood means more than just improving its physical condition—it means reviving its social spirit, economic potential, and environmental resilience.

Our Neighborhood Revitalization initiative focuses on restoring dignity, livability, and opportunity in marginalized communities through integrated, community-led development efforts.

Program Objectives

- To improve basic infrastructure like roads, lighting, drainage, and sanitation.
- To promote safe, clean, and green living environments.
- To create community hubs for learning, skills, and health.
- To foster civic engagement, ownership, and pride among residents.

Key Areas of Intervention

1. Infrastructure & Sanitation

- Repairing or constructing toilets, drains, and footpaths
- Installing solar street lights and waste bins
- Conducting cleanliness drives and waste management awareness
- Promoting rainwater harvesting and water conservation

2. Greening the Neighborhood

- Plantation drives with community participation (Vriksharopan Abhiyan)
- Developing mini-parks, kitchen gardens, and open play areas
- Encouraging eco-clubs and green ambassadors in schools

3. Education & Child-Friendly Spaces

- Refurbishing anganwadis and schools with clean classrooms, play materials
- Creating learning corners, digital access points, and community libraries
- Running evening coaching classes and creative activity zones

4. Livelihood & Skill Centers

- Setting up centers for digital literacy, tailoring, carpentry, and crafts
- Promoting women-led self-help groups (SHGs) for income generation
- Linking residents with local employers and government schemes

5. Health, Safety & Awareness

- Organizing regular health camps, nutrition drives, and fitness sessions
- Awareness on sanitation, menstrual hygiene, and lifestyle diseases
- Installing community notice boards and emergency help desks

EDUCATION INITIATIVE



Empowering Communities Through Access to Quality Learning

At Saumya Science and Research Foundation, we believe that education is the foundation of a just, self-reliant, and progressive society. In underserved communities—especially in rural and semi-urban India—children and youth face numerous barriers to education, including poverty, gender discrimination, lack of infrastructure, and limited digital access.

Our Education Initiative aims to break these barriers and create equitable learning opportunities for all—especially girls, marginalized children, and school dropouts—by implementing inclusive, holistic, and community-driven education programs.

Key Objectives

- Ensure access to quality education for children in underprivileged areas.
- Support out-of-school children to re-enter the formal education system.
- Promote digital and science education for rural youth.
- Empower girls and first-generation learners through targeted support.
- Build learning-friendly environments that go beyond textbooks.

Our Core Activities

1. Bridge Education for Dropouts
 - Non-formal education and bridge classes for school dropouts
 - Re-integration into mainstream schools with academic and emotional support
2. Digital Learning Centers
 - Smart classrooms and community e-learning hubs in rural areas
 - Access to tablets, online courses, and digital literacy sessions
3. Science & Innovation Workshops
 - Hands-on learning camps to promote STEM education
 - Low-cost experiments and exposure to scientific thinking
4. Coaching & Remedial Support
 - Evening tuition centers for underperforming students
 - Coaching for Class 10/12 board exams and competitive entrance tests
5. Girl Child Education Campaigns
 - Community mobilization to promote girls' education
 - Bicycle distribution, free learning kits, and menstrual hygiene education
6. School Infrastructure Support
 - Renovation of government school classrooms, toilets, libraries, and labs
 - Painting, wall art, and supply of benches, boards, and fans

RESEARCH INITIATIVE



Many low-income neighborhoods in India face challenges like deteriorating infrastructure, poor sanitation, lack of green spaces, limited access to education and healthcare, and minimal community participation. At Saumya Science and Research Foundation, we believe that empowering a neighborhood means more than just improving its physical condition—it means reviving its social spirit, economic potential, and environmental resilience. Our Neighborhood Revitalization initiative focuses on restoring dignity, livability, and opportunity in marginalized communities through integrated, community-led development efforts.

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RURAL SPORTS REVIVAL INITIATIVE



India's villages have long been the cradle of traditional sports and physical culture. However, due to urban migration, lack of facilities, and modern distractions, many rural sports are vanishing, and youth engagement in physical activity is declining.

At Saumya Science and Research Foundation, we believe that sports are not just games—they are tools for health, discipline, community bonding, and youth empowerment. Our Rural Sports Revival Initiative aims to reconnect youth with their physical roots, revive forgotten traditional games, and provide platforms for talent, fitness, and leadership development in underserved areas.

Objectives

- Revive traditional Indian rural games and promote them among the youth.
- Improve physical and mental health through active engagement in sports.
- Encourage teamwork, leadership, and discipline through structured play.
- Identify and nurture sports talent in rural and tribal regions.
- Use sports as a medium for gender inclusion and youth empowerment.

Key Activities

1. Traditional Games Festivals

- Organize village-level competitions in games like kabaddi, kho-kho, gilli danda, and tug of war
- Celebrate local culture and indigenous play forms
- Involve elders as mentors and storytellers of rural sports history

2. Youth Sports Clubs

- Form sports groups in schools and youth centers
- Provide basic equipment, training, and regular play sessions
- Promote inclusivity for girls and differently-abled youth

3. Coaching & Fitness Camps

- Physical fitness camps to build strength, agility, and teamwork
- Professional coaching in selected sports based on local interest and talent
- Awareness sessions on nutrition and sportsmanship

4. School & Community Tournaments

- Inter-school village tournaments and rural sports leagues
- Promote fair play, confidence, and community participation
- Recognition and prizes to motivate young athletes

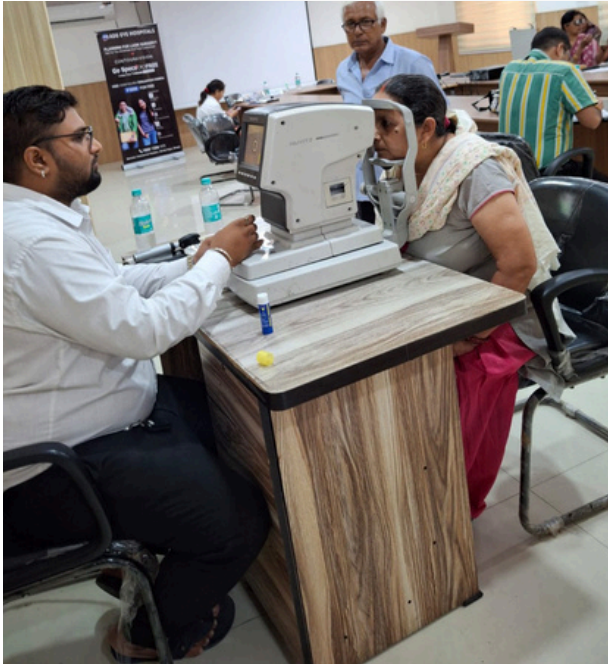
5. Linkages with Sports Authorities

- Facilitate access to district and state-level sports bodies
- Support promising players to apply for sports scholarships

CERTIFICATES



SOME GLIMPS OF OUR WORK





आत्मविश्वास के साथ आगे बढ़ सकें।

इस अवसर पर संस्था के निदेशक श्री विवेक द्विवेदी, श्री रवि कार्तिकेय दुबे एवं श्री विकास द्विवेदी जी की गरिमामयी उपस्थिति रही। उन्होंने बच्चों को प्रोत्साहित करते हुए नशा मुक्ति के महत्व को रेखांकित किया और समाज में सकारात्मक बदलाव लाने की दिशा में इस प्रकार के कार्यक्रमों की निरंतरता पर बल दिया।

कार्यक्रम को सफल बनाने में संस्था के प्रमुख कार्यकर्ताओं का भी विशेष योगदान रहा, जिनमें श्री कमलेश वामनकर, श्रीमती पूजा



प्रक्रियाओं में HUP एक होकर काम कर रहा है। कार्यक्रमों के सफलता पर पिता गुरुशर्मा, माता रानी शर्मा, इंटरमिडिएट एवं सुपरिंटेंडेंट ने शुभकामनाएं दी हैं।

जयपुर के प्रतिभाशाली छात्रों को संचालित किया जा रहा है। कार्यक्रमों के सफलता पर पिता गुरुशर्मा, माता रानी शर्मा, इंटरमिडिएट एवं सुपरिंटेंडेंट ने शुभकामनाएं दी हैं।

प्रशिक्षण के अनुसार हर पत्र होने से बेहतर आधार पर पत्र चाली को प्राथमिकता दी जा

साई बोर्ड स्थित आंगनबाड़ी में हुआ कार्यक्रम

बच्चों ने दी नशा मुक्ति पर गीत और नाट्य प्रस्तुतियां



हरिभूमि न्यूज २४ गोपाल

राजधानी के साई बोर्ड स्थित एक आंगनबाड़ी केंद्र में नशा मुक्ति पर जागरूकता कार्यक्रम का आयोजित किया गया। इसमें नन्हें बच्चों ने नशा मुक्ति जैसे गंभीर विषय पर गीत, कविता, चित्रकला एवं नाट्य प्रस्तुतियां दीं।

किया कि नशा समाज को खोखला कर रहा है और इससे बचना ही स्वस्थ जीवन की ओर पहला कदम है। इसी कड़ी में, संस्था द्वारा बच्चों को लेखन सामग्री जैसे कार्टून, पेन, पेंसिल, रंग आदि वितरित किए गए। संस्था के निदेशक विवेक द्विवेदी, रवि कार्तिकेय दुबे एवं विकास द्विवेदी की गरिमामयी उपस्थिति रही। कार्यक्रम को सफल बनाने में कमलेश वामनकर, पूजा जैन, फलक जैन, सुशील तिवारी एवं अधिन का विशेष सहयोग रहा।

एम्स में मंगलवार और शुक्रवार को संचालित होता है क्लीनिक

हरिभूमि न्यूज २४ गोपाल

दिल्ली एम्स और पीजीआई चंडीगढ़ के बाद डीएम इन पोडियाट्रिक एंडोक्राइनोलॉजी कोर्स शुरू करने वाला एम्स भोपाल देश का तीसरा संस्थान बन गया है। इस सुपर-स्पेशियलिटी कोर्स के तहत बच्चों में तेजी से बढ़ती टाइप-1 डायबिटीज, थायरॉइड, हार्मोनल गड़बड़ियां, मोटापा और बीन डिजीज जैसे जटिल बीमारियों के इलाज के लिए विशेषज्ञ डॉक्टर तैयार होंगे।

■ क्षेत्र में विशेषज्ञ होने तैयार

एम्स भोपाल के पोडियाट्रिक एंडोक्राइनोलॉजी यूनिट के प्रभारी डॉ. महेशा महेश्वरी ने बताया कि इस कोर्स का उद्देश्य उन डॉक्टरों को तैयार करना है, जो बच्चों में हॉर्मोन से जुड़ी बीमारियों की बारीक समझ रखते हों और उनका उचित इलाज कर सकें। उन्होंने बताया कि इस क्षेत्र में विशेषज्ञ डॉक्टरों की कमी रह जा रही है या देर से जिससे गंभीर परिणाम मिलते हैं। इस लिए डॉक्टर तैयार करेंगे।



पोडियाट्रिक वि. डॉ. रिखा मलिक एम्स में हर मंगलवार एंडोक्राइनोलॉजी में शुक्रवार को पी। एडोलसेंट डायबिटी पहले से संचालित है। बच्चों को परामर्श अचुका है।

सामुदायिक विकास पहल

वित्तीय सहायता

स्टाफ वेतन और यात्रा व्यय

शिक्षा कार्यक्रम

डिजिटल कौशल और स्कूल शिक्षा में प्रशिक्षण

स्वयंसेवी प्रशिक्षण

सामुदायिक सेवा के लिए स्वयंसेवकों का प्रशिक्षण

स्वास्थ्य पहल

पोषण, फिटनेस और स्वास्थ्य जागरूकता कार्यक्रम

व्यावसायिक प्रशिक्षण

आजीविका के लिए व्यावसायिक कौशल प्रशिक्षण

सामुदायिक परियोजनाएं

पार्क विकास और सौंदर्यीकरण परियोजनाएं



Community Development Initiatives



5/15/25, 3:33 PM

नव्य मुक्ति कार्यक्रम एवं लेखन सामग्री वितरण सौम्या साइंस...

Shuru
Apke Nagar Ki App...



नशा मुक्ति कार्यक्रम एवं लेखन सामग्री वितरण सौम्या साइंस एण्ड रिसर्च फाउंडेशन द्वारा एक सराहनीय पहल दिनांक 03/05/2025, सौम्या साइंस एण्ड रिसर्च फाउंडेशन द्वारा साई...

on 7 May

SU **ब्रांडवाणी समाचार**
Huzur, Bhopal • on 7 May



श्याम नगर बिट्टन मार्केट, भोपाल में महिलाओं और किशोरियों के लिए मासिक धर्म जागरूकता अभियान एवं सैनिटरी पैड वितरण कार्यक्रम संपन्न भोपाल, 28 मई — आज श्याम नगर बिट्टन...

23 hrs ago



ब्रांडवाणी समाचार
Huzur, Bhopal • 23 hrs ago



24



Future Outlook & Goals

At Saumya Science and Research Foundation, we are committed to fostering inclusive growth by promoting scientific thinking, education, and social development—especially among marginalized communities. Our mission is to bridge the gap between knowledge and access by working closely with people in rural and underserved areas.

We believe that lasting change begins at the grassroots. That's why our programs focus on empowering women, children, and youth through awareness drives, skill-building workshops, and community-based initiatives. From organizing health camps and science education programs to running environmental awareness campaigns and promoting clean living, we aim to create opportunities that lead to long-term self-reliance.

As we continue to grow, our priority remains:

- Expanding access to quality education and scientific knowledge in rural regions.
- Strengthening community health through camps, awareness, and preventive care.
- Promoting sustainability with plantation drives, waste management awareness, and eco-friendly habits.
- Building capacities through vocational training and digital literacy programs, especially for women and youth.

We strive to be a catalyst for change—working with local stakeholders, schools, panchayats, and civil society organizations to ensure that development is not only inclusive but also driven by the needs of the people.





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